

5<sup>th</sup> Annual



## Fishermen's Tribute Fund Charity 5K Road Race/Walk

When:	July 18, 2010 ~ 9:00 a.m.
Place:	Scenic Fort Taber Park
	East Rodney French Blvd.
	New Bedford, MA
	Directions: Take Exit 15 (Downtown) from Route 195 E or W to Rte. 18 South.
	Rte. 18 becomes JFK Memorial Highway, then becomes Rodney French Blvd.
	Follow to the end to Fort Taber Park.
Course:	USATF Certified 5k (3.1 miles) by Ray Nelson
Fee:	\$18 on line at <u>www.strands.com</u>
	\$18 mail in prior to July 15 <sup>th</sup> , \$20 on race day

T-Shirts guaranteed to all pre- registered runners and walkers; as available on race day

Refreshments and Snacks available to all runners and walkers Raffle after race for all runners!!

## <u>Awards</u>

Overall Male and Female Winners \$250 2<sup>nd</sup> Place Overall Male and Female \$150 ~ 3<sup>rd</sup> Place Overall Male and Female \$100 Overall Male and Female Walkers \$50 **Additional Awards for Age Categories** 

18 & under, 19-39, 40-49, 50-59, 60-69, 70+ (no duplicate awards)

Timing and Scoring by +Organization Plus+ Road Race Management Services

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## Fishermen's Tribute Fund Charity 5k Road Race

Mail form and entry fee (non-refundable) to: Fishermen's Tribute Fund, PO Box 4093, New Bedford, MA 02740

Name		Age	Sex	
Address		Email Address		
City/Town		Phone		
State	_ Zip Code	Please circle one:	Runner	Walker

**Waiver:** I hereby for myself, my heirs, executors, and administrators, waive and release any and all rights and claims for damages I may have against the Fishermen's Tribute Fund and any member, coordinating group and any individuals associated with the event. I attest that I am physically fit to compete in the event. Further, I hereby grant full permission to any and all of the foregoing to use my photographs, video tapes, motion pictures, recording, or any other record of this event for any legitimate purpose.